



YOUR FIRST LOOK AT HAIR FOR 2006

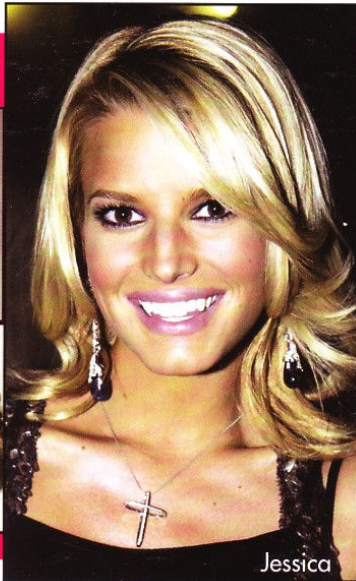
SHORTCUTS Celebrity style

**SEXY
CELEBRITY
LOOKS**

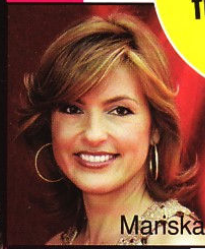
Simple tips
& tricks for
star style



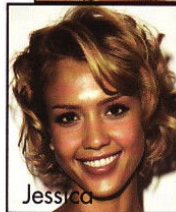
Jaime-Lynn



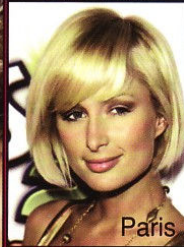
Jessica



Mariska



Jessica



Paris

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**BE THE
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We unlock the secrets of keeping your tresses shiny, healthy & tame!



Felicity



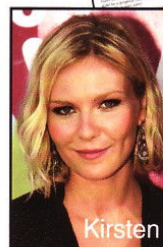
Allison



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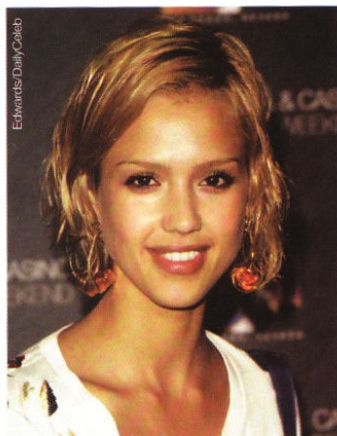
Jessica Alba

Shows off her sexy, short styles!

By Karen Marie Shelton HairBoutique.com

Jessica Marie Alba is one of those stars that has suddenly become an "overnight success," only taking her 11 years to achieve. And thanks to all of her hard work and dedication, Jessica is everywhere—strutting her stuff on the red carpet and burning up theaters with her gorgeous looks. Jessica's got the moves, the talent, the beauty, the handsome Cash Warren on her arm, and as 2005 continues, Jessica's got just what it takes to stay on top of her game.

As the stunning actress heats up theaters with her latest movie *Into the Blue* as well as her recent portrayal as stripper Nancy Callahan in *Sin City*, most people remember her from television's *Dark Angel*. Playing the role as the gorgeous, genetically enhanced, super-human heroine Max Guevara, Jessica kicked some serious enemy butt, which required Jessica to endure vigorous training and workouts seven days a week. As *Dark Angel* ended its run, advanced training in both dance and Tae Bo began to prepare Jessica for her next role in *Honey*, which showcased her performing complicated dance routines. All of these workouts have certainly paid off in more ways than one, including her impressively toned physique that's always dressed to impress at every appearance.



Angelic Beauty

There is no question that Jessica is a striking beauty. The 24-year-old Taurus derives her exotic looks from her mother, who is of French and Danish descent, and her father, who is Mexican. She's topped the charts when it comes to being one of the sexiest women in the world, often being featured in *Maxim*, *Stuff* and *FHM*, as well as countless beauty and fashion magazines.

Joining the ranks of Sarah Jessica Parker and Heather Locklear, Jessica did a

brief stint as a celebrity spokesperson for hair color giant, L'Oreal. "For the L'Oreal commercial my hair was dyed Feria Ruby Fusion," Jessica said. "It made me feel like a rock star because everyone looks at your head if you have red hair." Sadly she had to dye it back to a rich brunette color for *Dark Angel*.

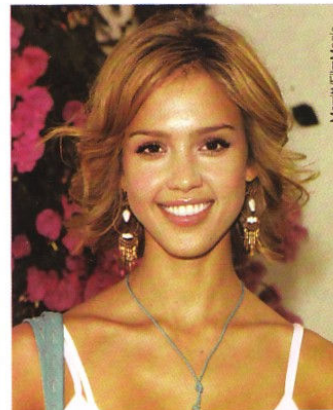
Her natural hair hue is a deep rich mocha-brown. Like all celebrities in the public eye, Jessica has experimented over the years with a wide range of hues from light blonde to deeper honey shades. "My theory is that if you look confident you can pull off anything—even if you have no clue what you're doing," explains Jessica.

When Jessica first broke through in her *Dark Angel* role, she was sporting very long dark locks parted right down the center, falling into loose curls that nestled along her shoulder tops. Since then, Jessica has morphed into a variety of hairstyles from shoulder-length to short and from dark mocha to very light blonde.

In 2003, Jessica appeared with a long eye-skimming fringe, framing a sassy shoulder-length shaggy bob. Her hair color was much lighter with a light caramel base carefully kissed with random ribbons of shimmering blonde.

Jessica stepped into the blonde ranks in 2004, adopting a honey-golden hue with an array of pinstriped highlights and lowlights. She went back to a center part with her straightened strands hugging either side of her cheeks. Although some of her fans preferred the darker tresses, adopting a much lighter shade made her big dark eyes pop and opened up her entire face.

During 2005 Jessica has shown a preference to keep her honey-blonde look while continuing to go progressively shorter. And we can certainly expect the hot star to keep changing her hairstyles and colors with every season. Jessica confessed that "I've done every color but platinum."



Steal Her Look

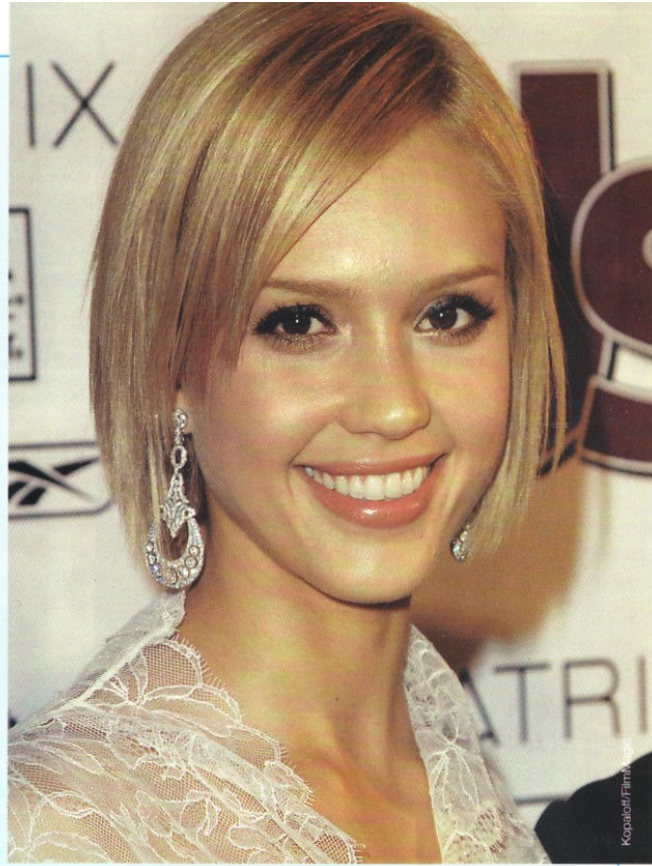
Although you might not believe it from looking at her, Jessica is challenged by a pesky cowlick and fly-a-way frizz. She keeps both at bay with the help of a hair wax. She also prefers wash and wear hair, using her fingers to tousle it dry when it is shorter. Letting her short crop air dry is actually healthier than using a blow dryer that might strip the color or dry out her tresses further.

Step 1: Jessica's hair has been heavily highlighted and colored for years. This tends to make hair dry and prone to the fly-a-ways and frizz that Jessica experiences. Select a super moisturizing shampoo formula like Phytojoba or one designed for colored hair like Phytocitrus.

Step 2: Gently squeeze excess water out of the strands. Apply your favorite conditioner with your fingers. Work the conditioner into the driest parts of your hair. Leave on for up to five minutes. Rinse well and finish with a cool to cold water rinse.

Step 3: Towel-blot your strands to remove excess drip-page. Apply your favorite detangling product or leave-in conditioning product based on your type, texture and current condition of your strands.

Step 4: If you want to go for Jessica's sleek straight style, be sure to either apply a defrisant product like Phytodefrisant or a straightening balm like Robert Hallowell's Flat Factor. Distribute a



dime-sized dollop of the product of your choice into the palms of your hands and mix well. Use your fingers to work the product completely through your tresses.

Step 5: Separate your hair into two-inch sections and blow-dry with a large round brush, starting near the back of the head and working around to the front on either side. To create extra volume, hold brush in the hair near the scalp until the hair cools (about five seconds), then move the brush down and through to the ends of the hair.

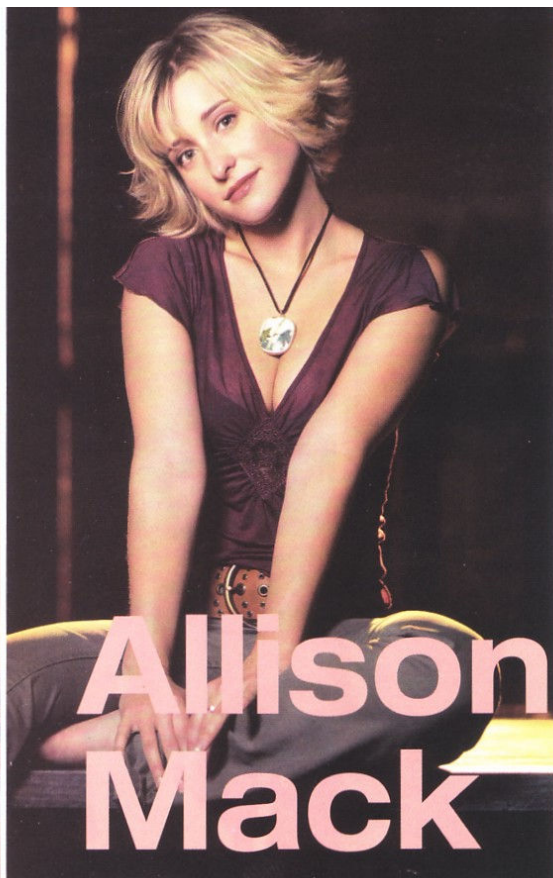
Step 6: To create a super straight finish, use a hot flat iron to touch up any sections that require a smoother texture.

Step 7: If desired, spray lightly with the hairspray of your choice and finish with a shine spray.



Get This Look!

Jessica's warm golden-blonde hair has been cut into a sleek graduated bob. To achieve a similar style apply mousse and shine serum together in your palm and apply to damp hair from roots to ends. Blow-dry 80% of the moisture from hair before directing the ends under with a large round brush. Heating and cooling each section you turn under will make a firmer, bouncier style. Slightly tease at the crown and the occipital bone for more volume and flip making sure to smooth bangs away from the face. Style with a vent brush and spray to set.



Short Haired Sassy Blonde

By Karen Marie Shelton Photos courtesy of The WB

Born A Star

The lovely *Smallville* star was born into the biz, in a manner of speaking. Allison's father, opera singer Jonathan Mack, was performing with a local opera company in Preez, Germany, when Allison was born. Although she spent the first two years of her life in Germany, by the time she was four, the family was back in Southern California and Allison was appearing in her first commercial.

Over the course of her busy career she has appeared in a wide range of roles including a self-abusive teenage on *Seventh Heaven* and a turbulent teen in Showtime's *My Horrible Year* with Karen Allen and Mimi Rogers. She had a recurring role on TV's *Evening Shade*, starred in Disney's *Honey, We Shrunk Ourselves* and *Camp Nowhere*. In 2000 Allison starred in The WB's *The Nightmare Room* and *The Opposite Sex*.

Allison Mack stars as Chloe Sullivan on Warner Brother's acclaimed drama *Smallville*, airing Wednesdays at 8 p.m. (7 p.m. central) on The WB. Allison appears as Clark Kent's (Tom Welling) best friend. The blonde beauty's role continued to expand last season with the arrival of Lois Lane (Erica Durance) which created a complicated love triangle between Clark, Lana (Kristin Kreuk) and Chloe—good news for her many fans who admire the actress for her great acting ability along with her winning smile and shiny blonde bob.



An avid fan of musical theatre, Allison's talents extend beyond film and television. She received rave reviews for pulling double duty, both as a choreographer and performer in *Rent* and *Chicago*. As a result of those performances, Allison was offered the chance to make her directorial debut with Jer Bear Productions' staging of *Hair*. Rave reviews from major newspapers and magazines all attest to Allison's diversity in the entertainment field—music and dance, as much as acting, remain a passion for Allison.

A Cut Above The Rest

Allison has the perfect short, sassy, bob hairstyle that works beautifully with her face shape, which appears to be a cross between oval and square. Her tresses appear to be mostly fine and straight with just a tiny bit of natural bend.

The cut, which is masterfully executed, diffuses hard radial lines that are normally visible in similar cuts. In essence the edges melt together forming a stellar shape. The style appears to have been carefully layered but the layers appear invisible to detect from a distance. The cut seems to have been created with a series of precise sectioning and cutting techniques.

Allison has been wearing a short bob style with a side part and side-swept bangs for the past several years; a perfect match for her body type and facial features. One great aspect about Allison's short style is that because it is so expertly created, she can wear her bob super sleek and small, or she can scrunch it or style it so that it is bigger with more texture. It is truly an inflatable/deflatable style.

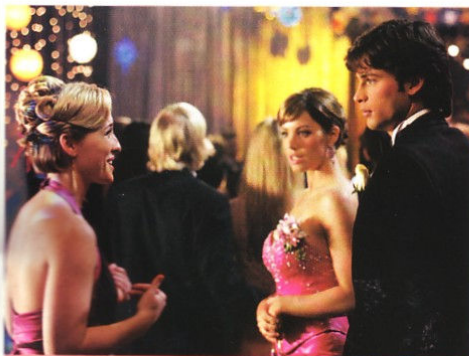
Throughout the history of Allison's appearance on *Smallville*, the set hair-



dressers, while keeping her look closely tied to her real life short blonde bob, have experimented with a range of slight alterations that demonstrate the incredible versatility of her cut. Though Allison tends to alter the length a few inches up or down, she generally stays within the range of her chin to above the nape of her neck. Allison's style would be best for hair that is fine to medium in thickness and mostly straight.

Butter-Blonde With Highlights

Her luscious butter blonde base is carefully highlighted with lighter blonde streaks and interwoven with darker blonde tones, diffused throughout the crown, the hairline and along the edges. Allison's soft buttery hues infuse her look with a shimmery glow that appears as if she has been kissed by the warm rays of the California sun, where she currently resides.



Pictured here with Erica Durand and Tom Welling, Allison is wearing a spectacularly created updo (made possible by hair extensions).

Steal Her Style

Allison usually wears her short bob with the sides close to her face which softens any hint of squareness in the jaw area. The length generally extends to parallel with her chin which also brings attention to her sunny smile and sparkling eyes.

To steal Allison's sleekly shaped style follow the steps below:

Step 1: Apply desired detangling product or leave-in conditioner to towel-blotted to help keep strands soft and detangled. Starting at the ends, use a smooth high quality comb like a Kent or a wide pick and detangle. If your strands are fine or tend to flatten, skip the leave-in conditioner and use a volume enhancing product or spray at the roots to help provide lift.

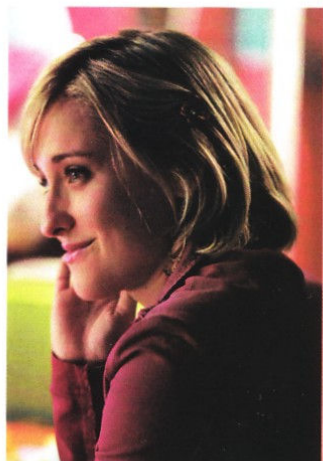
Step 2: When strands are completely detangled, apply a large ball of mousse to the palms of your hands. Distribute well and then apply to damp strands. Work the mousse completely through the hair from roots to ends.

Step 3: Working in a circular pattern, separate hair into six to eight equal sections and clip into place.

Step 4: Use a medium-sized round boar bristle brush. Unclip the first section of hair and using the brush to anchor and smooth, direct the blow dryer's air flow first towards the roots to add lift. Utilize the brush to lift the section and direct air up from the strands towards the roots.

Step 5: Once the roots are dry and full, switch air flow direction from the roots down towards the ends of the strands. This will help to straighten the strands, keep the cuticle smooth and help to add natural shine. Use the brush in conjunction with the dryer to gently turn the ends under.

Step 6: After all of the sections are dry, use the round brush to shape the bangs and the sides and to gently touch up the ends to give a finished look.



Step 7: When finished drying, apply a tiny amount of shine/anti-frizz serum to the palms of your hands. Rub together and then lightly brush the serum over the tops of the finished style, focusing on the middle to ends.

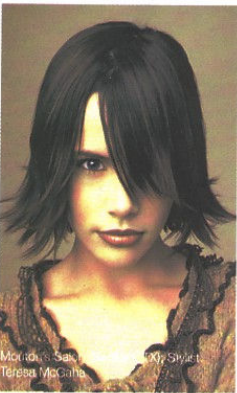
TressRx

By Karen M. Shelton
HairBoutique.com
Photos: Global Hair & Media Group

Ask the Hair Doctor



Kendra Beauty Company (New York, NY);
Stylist: Yena Parisien



Moridin's Salon (New York, NY);
Stylist: Teresa McCane

Should I Cut Or Color First?

I'm thinking of completely revamping my look. I want to make changes to both my length and color. I am thinking of going shorter with a new color. My question is what should I do first, cut or color?—Terri
Since you wish to go with a completely different hair length and style, I would recommend that you get your tresses cut and styled first. Because you are embarking on a whole new look, I would recommend that you book a

paid consultation with your professional stylist first before making any final decisions. Discuss all your styling options based upon your lifestyle, ability to maintain a new style and your potential color choices.

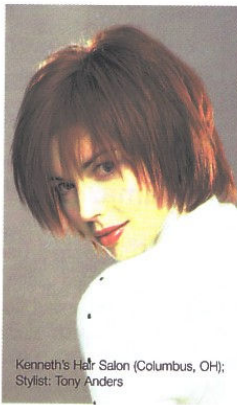
You may wish to take several sample images to the consultation to show your stylist the various styles that you like. During that meeting discuss the color options for your new look. Consider everything that your hairdresser suggests and then wait a few days before you book the actual appointment to have the cut and style done. This will give you some time to think about your options and make sure that you are ready to move forward.

After you have adjusted to the new length and style, if you are happy with the results, go back for your color changes. Many colorists can really punch up a new length or style with carefully planned highlights and lowlights which serve to add depth, movement and bring attention to your best facial features.

Remember to watch the stylist closely while they are cutting and styling your hair so that you can recreate the same look when you get home. Be sure to ask for product recommendations that will also help you achieve a successful recreation.



Stan Milton Salon (Atlanta, GA); Stylist:
Stan Milton



Kenneth's Hair Salon (Columbus, OH);
Stylist: Tony Anders

Pre-Wedding Hair Color Change

I'm getting married in four months and I'm thinking of changing my hair color from blonde to a rich red. When would you advise me to do this so that my hair looks perfect for the wedding?—Cheryl

The earlier you start this process, the better. Keep in mind that changing your hair color can alter your entire appearance. This means that you may need to rethink your makeup and even your choice of wedding hair accessories.

Book an appointment immediately with the best colorist you can find for a paid consultation. If possible, take full length color photos of your wedding gown and what you plan to wear in your hair so that the colorist can access the best tones to play up your natural skin and eyes while enhancing your wedding hues.

Once you have decided on your new hair color, have it processed immediately to give you plenty of time to adjust to the new look before your big day. If you're not happy with it or want to add additional highlights or lowlights, you'll have plenty of time to make changes. Color should be refreshed approximately seven to 10 days before your wedding date. Also keep in mind that red colors fade the fastest so switch to hair care products designed to prolong and protect chemically colored strands.

Bored With Traditional Updos!

I am the maid of honor in an upcoming wedding and the bride has requested that I wear my shoulder-length hair in an updo. I don't mind her request but I hate boring updos that look so stiff and contrived. Any suggestions?—Margo

Updos can be created so that they are sophisticated yet sensual and sassy. The key is to create soft touchable curls that are slightly messy.

Working with your shoulder-length hair, start by using a comb and parting your hair down the middle or to one side in a messy zig-zag fashion. Pull all of your strands up into a high ponytail. Secure the pony at the crown with Blax or hair bungees. Divide all of the hair in the pony into a series of one-to two-inch sections. Curl each section of hair with a medium-sized curling iron or with hot rollers. Pin each section of newly curled hair in soft messy barrel curls that extend softly from the crown down towards the nape of your neck. Gently pull some tendrils loose around your hair line and curl from roots to tips. Pin randomly all over the head for a casual disheveled finish. Add a beautiful silk flower or other fun hair acces-



Excellent Hair (Wiesbaden, Germany); Stylist: Khalil Davary



Noelle Spa for Beauty and Wellness (Stamford, CT); Stylist: Renae Decaprio

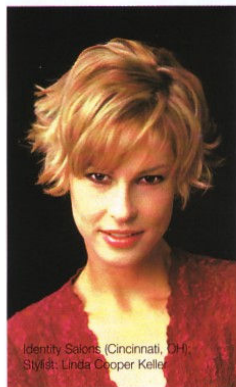
sory—and you've got a hot updo that would make any bride proud. (Or try one of the options pictured here!)

Pale Blonde Retro Look

I have super pale blonde hair that is rather short but heavily layered. I mostly love the look but want to try something new to tone



Jamison Shaw Hairdressers (Atlanta, GA); Stylist: Eddie Mac



Identity Salons (Cincinnati, OH); Stylist: Linda Cooper Keller

down all this blonde. I also want more movement and body. Any ideas?—Lizzy

Try having darker, contrasting color added throughout the inner perimeter and the under carriage of your short locks. Very light blonde carefully blended with darker blonde hues will instantly add depth and movement. In the '80s, letting darker roots show

through were very popular and were matched to darker strands interwoven throughout the underside of the strands. This is another option you may wish to try.

Just by changing a part from one side of your head to the other will add more movement and body. Another trick is to brush your hair against the normal direction it grows. Flip hair over from a side part and keep it in place using tiny bobby pins or a good hairspray.

Creating Cool Texture In Short Strands

I have a super short pixie cut that I love. My hair is baby fine. How do I create beautiful texture that looks uniform and doesn't wind up all clumped in the middle of my head or if I do nothing, falls flat and limp?—Maria

The first step to great texture is a great cut. The second step is learning to combine the right styling products with hot tools.

Start with shampoo and towel-blotted strands. Apply a tennis ball-size of styling mousse to the palms of your hands. Distribute through the palms of your hands and then apply to your hair by lifting your strands up in the air with your fingers and applying mousse directly to the roots of your hair. Comb the mousse completely through with a wide toothed comb. Rough-dry your hair all over using your fingers to lift tresses at the roots and then direct the air from a blow dryer fitted with a concentrator from the



Kenneth's Hair Salon (Columbus, OH); Stylist: Tony Anders



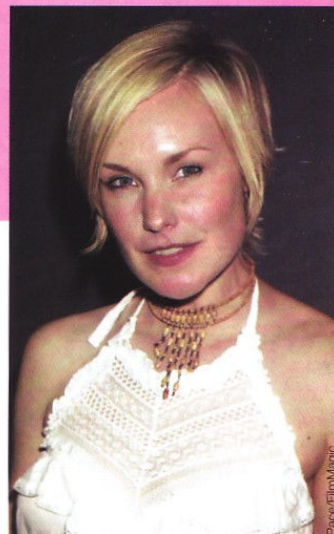
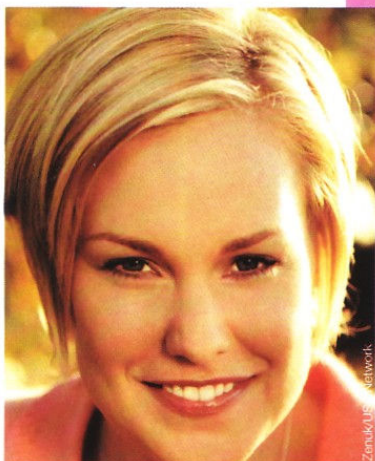
Kenneth's Hair Salon (Columbus, OH); Stylist: Tony Anders

ends down towards the roots. This will "ruffle" strands and encourage volume and lift. Continue rough-drying your tresses until they are completely dry.

Using a mini-flat iron that is designed to work with small sections of hair, select small strands at the top of your hair and straighten. Work from the front of the head to the back. Let strands cool completely and apply a stick wax product in a circular motion to the mid-lengths and ends of your hair. Simply use your fingers to ruffle and tousle adding texture and shape. Use your fingers to piece strands around your hairline. Have fun experimenting and playing with different styling products to achieve slightly different results.

Laura Allen's Choppy Bob

By Karen Shelton HairBoutique.com



USA has scored a huge hit with their critically-acclaimed futuristic drama *The 4400*. The riveting series centers on the sudden and unexplained return of 4,400 people who were previously presumed dead or reported missing. Although some have been gone for many years, they have not aged physically, coming back to Earth looking exactly like they did when they vanished. Your first thought might be aliens, and gosh, they do tend to catch all the blame for anything that's out of sorts these days. But the aliens are innocent of this mystery. Instead, it seems that the 4,400 were sucked up involuntarily into time travel.

While the 4,400 people return as their original ages, many have come back altered with superhuman talents ranging from spectacular healing abilities to the ability to transform average children into musical prodigies. The government forms an agency to track these "special" people and work with them after one of the 4,400 commits a murder.

Laura Allen plays a major role as Lily Moore Tyler who suddenly disappears from Earth leaving behind her beloved husband and daughter. She returns with child and marries a fellow 4,400. The baby she has turns out to be a focal point of the ongoing drama.

Not only is *The 4400* built on a fascinating and fresh concept, it has fascinating characters that make this story believable. Although I never heard of Laura Allen before *The 4400*, I was enchanted by her characterization of Lily Moore Tyler and I instantly fell in

love with her edgy version of a '20s bob.

A graduate of Wellesley College as a Sociology/Criminology major, Laura worked with the NYPD as a domestic violence counselor before pursuing acting. She landed her first acting role in a pilot for Fox's *The Street*. She then played Laura Kirk English on *All My Children*, the female lead in Spike Lee's Showtime film, *Sucker Free City* as well as on the big screen in *Mona Lisa Smile* alongside Julia Roberts and Kirsten Dunst. She recently wrapped filming *How You Look to Me* with Frank Langella.

Steal Laura's Look

In keeping with the current hair fashion trend that borrows hairstyles from the '20s, '30s and '40s, Laura wears a stunning choppy bob that draws attention to her flawless skin, her gorgeous eyes and her beautiful smile.

Laura has an oval face with prominent cheekbones that hint at a touch of squareness to her shape. Her hair color is a luscious butter-blonde with ribbons of lighter and darker shades of platinum and chocolate skillfully interwoven throughout the edges.

The key to Laura's sexy choppy bob is to start with a really great haircut. Cut in graduated long layers, this updated version of the '20s Bob features soft side-swept bangs.

To style, apply a good anti-frizz balm to towel-blotted hair. If hair tends to have natural curl, wave or frizz, start with an anti-frizz

shampoo. Blow-dry using a medium-sized boar's bristle brush or similar to create natural volume and smoothness. Flip the ends slightly with the brush to achieve the piecy look. To add volume to the crown area, layer the anti-frizz product with a volumizing gel or spray. Use the brush to lift the top layers and direct the air flow up from the ends to the roots to add fullness and movement.

Tune In

The 4400 premiered on July 11, 2004 on USA Network as the highest-rated and most-watched new series premiere ever on a basic cable network. *The 4400* was this summer's top original basic cable series, besting all others in terms of household ratings. Tune into this incredible series on Sunday nights (check your local TV listings for the time).

