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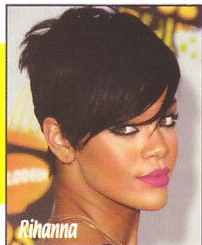
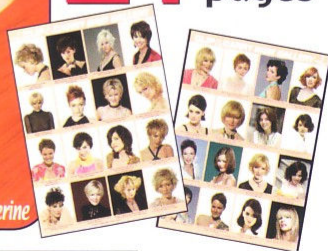


Katherine

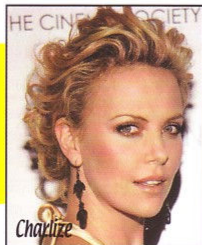
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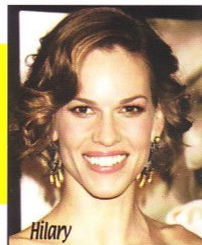
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HAIR HEADLINES

& BEAUTY NEWS

WIN! We have 10 beauty bags to giveaway, filled to the brim with your favorite hair and makeup products. Retail value: \$200. To enter, send your name, address and telephone number to: Beauty Bag Giveaway c/o ShortCuts Magazine, 106 Apple Street, Suite 301, Tinton Falls, NJ 07724.



Don't leave home without Dr. Miracle's Tingling Intensive Deep Conditioning Treatment disposable packets that revitalize hair's natural shine and beauty (\$1.59 a packet; www.DrMiracles.com).

These pretty daisy barrettes by Camila of Paris will keep your strands perfectly in place (\$12 set of 2; www.HairBoutique.com).



Pump up your strands with Phyto's Phytovolume Actif, a must-have in our beauty closet (\$28; www.HairBoutique.com).

Leonor Greyl's Serum de Soie Sublimateur helps detangle hair and prevent frizz while nourishing your tresses back to health (\$35; www.HairBoutique.com).



Don't let summer wreak havoc on your tresses, protect them with Rene Furterer's Okara, a shampoo for colored hair (\$23; www.HairBoutique.com).



Healthy strands start from the inside out, try J.F. Lazartigue's Revitalizing Hair Vitamins (\$38; www.HairBoutique.com).



Accessorize your strands with pink and turquoise beaded barrettes from Gia Alessandra (\$37 each; www.HairBoutique.com).

France Luxe's 1/4-inch headband in Ivory Tokyo is a gorgeous way to tame those tresses on a windy day (\$17; www.HairBoutique.com).



TRESSRX

ASK THE HAIR DOCTOR

By Karen Shelton • HairBoutique.com

I love the big hair look but I can't ever seem to get a hairstyle that is pulled together. My hair just looks like a big rat's nest. How do I get big hair without looking like I just fell out of bed?—Amy, Florida

The key to big hair for 2008 is to combine a little bit of finger tousle with glamour and finish. Achieve a glamorous, highly finished style by focusing on well-placed volume with only a hint of tousle rather than a full bed headed mess. Some hair types and textures work better with the big hair look than others. Medium to coarse tresses work best for big hair with a highly finished style because they can hold volume and height without the need of massive amounts of hairspray.

When creating volume, choose between width and height. If you create fullness all around your head, resulting hairstyles become too big and appear to be out of control, overly messy or both. Choose volume either on top or on the sides but not both. If you naturally have lots of hair, select the area of your head that you want to

play up, such as your crown or back, and minimize the rest.

To give hair "attitude" pull random strands out from around the face to give hair sass and sexiness. Remember that there is a fine line between stylish and out of control. Some tips for creating well-placed volume that doubles as big hair include:

1 If you love big hair looks, start with a skillfully layered hairstyle. Seamless product application is key. Layered tresses can handle lots of products without looking sticky or too stiff.

2 Apply a maximizing volume spray with Keratin amino acids like PhytoVolume Actif to the hair right at the base of the crown for instant root lift and body.

3 Separate hair into individual one-inch strands and blow-dry hair with a concentrator attachment. Use fingers to lift strands up while directing air flow down the hair shaft from the ends to the roots; this will ruffle strands creating natural volume. If you prefer, use a medium barrel round brush with a blow dryer to get a fuller finish.

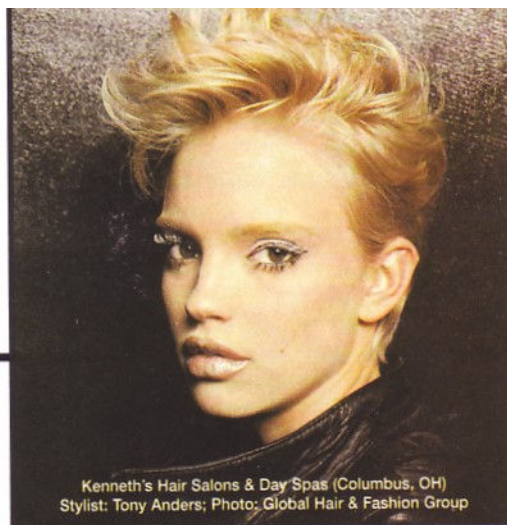
4 Once volume has been created, separate out the very top layer of hair. Tease lightly over the top of the volume to maintain soft movement. Lightly smooth down when finished teasing.

5 Use minimal or a soft-hold hairspray to maintain a soft but perfectly finished style.

6 Movement is the key to ultimate glamour. It's important to avoid using styling products that weigh hair down and make it appear glued to the rest of the hair.

7 Use a skinny elastic headband that is well placed against the crown to provide a sleek hairline with carefully controlled billows of big hair cascading from the back of the band.

8 Instantly achieve great height along the hairline with a very heavily layered fringe teased and smoothed back towards the crown.



Kenneth's Hair Salons & Day Spas (Columbus, OH)
Stylist: Tony Anders; Photo: Global Hair & Fashion Group

And here's what not to do:

- 1** Remember never go to high.
- 2** Avoid excessive teasing which makes hair look ratty and disheveled.
- 3** If you go with a popular hair bump, make sure it's sleek across the top and around the edges.
- 4** Avoid too much heaviness along the crown or top.
- 5** When in doubt, avoid width at the sides.

When I see stars on the covers of magazines, their hairstyles look so spectacular. No matter how hard I try, I can't seem to find a hairdresser who can duplicate their perfect hairstyles that look like they are effortlessly blowing in the wind. What is the secret that I am not getting?—Dana, California

Yes, all celebrities that appear as cover girls have perfect bodies, hair and makeup. Their secrets? Highly paid celebrity hairdressers, makeup artists and stylists who pick out their clothing.

Other secrets? Celebrity hairdressers use clip-in hair extensions like those designed by Ken Paves for Jessica Simpson, lots of hair clips, bobby pins and Styrofoam blocks to build sleek hair sculptures. Hair is literally glued or sewn into place and invisible hair nets may be used to create ornate updos or ringlets.

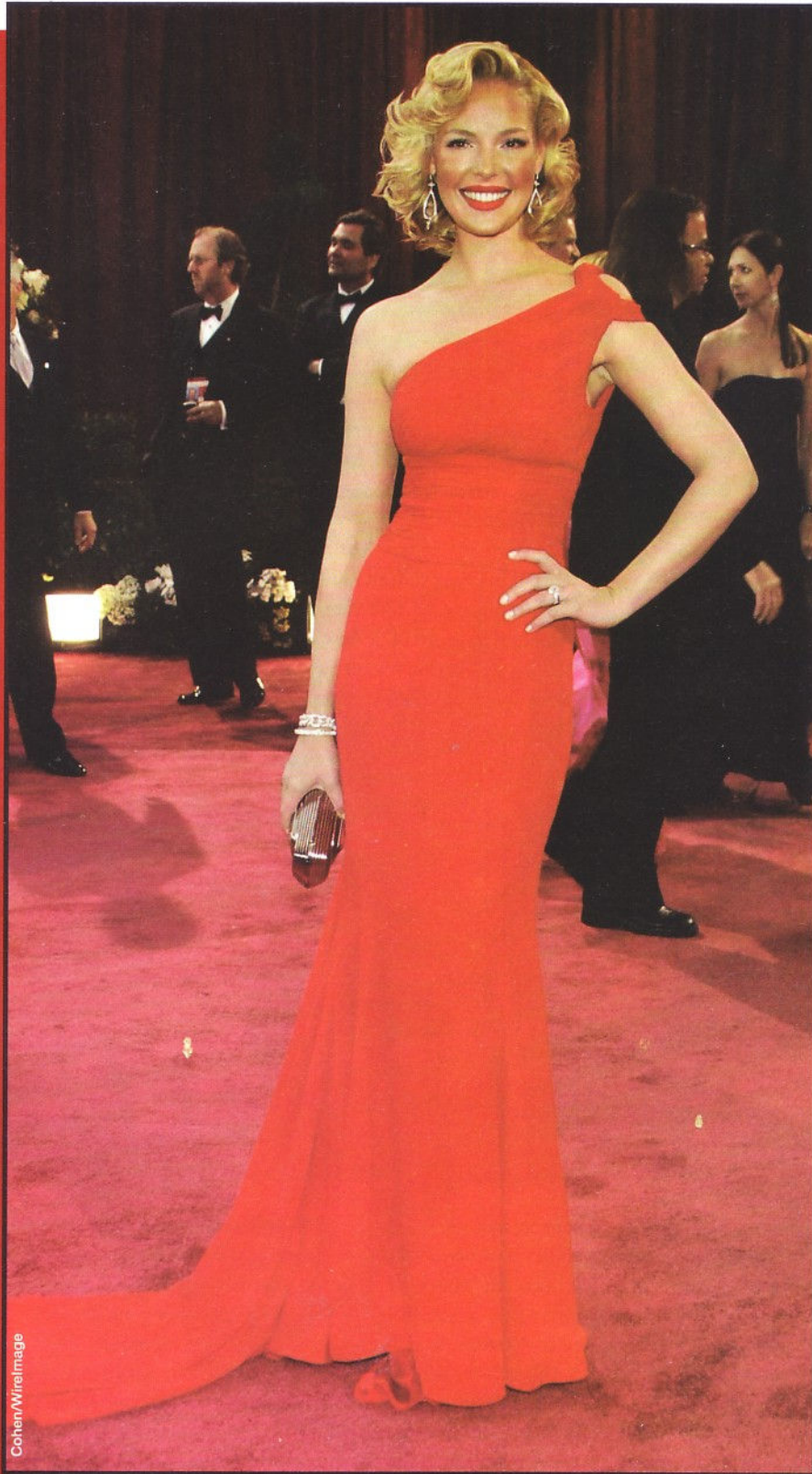
My best advice for you is to find a hairdresser you enjoy working with that does a good job on your hair without all the props used on fashion shoots. You will look gorgeous without the smoke and mirrors.



Douglas Carroll Salon (Raleigh, NC); Stylist: Douglas David; Photo: Global Hair & Fashion Group

To ask the Hair Doctor a question about your tresses, write to cheryl@mmimags.com.

KATHERINE HEIGL



Cohen/WireImage

When blonde and beautiful actress Katherine Heigl stepped up to the podium at 80th Annual Academy Awards at the Kodak Theatre, I was taken back by how much she reminded me of a modern version of the beloved Marilyn Monroe.

Even though so many actresses have channeled the legendary blonde over the years, Katherine Heigl seems to possess the classiness and magnetic quality that Marilyn oozed. Part of Marilyn's charm was her ability to project an innocence underneath all the beauty and sexuality. Her fans loved her because of her ability to seem approachable and real.

Katherine Heigl has that same quality. When she presented the award for Outstanding Film Achievements of 2007, she admitted in a charming way that she was extremely nervous—you could tell she was genuinely fighting a serious case of stage fright. Yet she looked spectacularly gorgeous. Who wouldn't have felt empathy for the blonde star struggling with presenting in front of millions of people around the world?

Like Marilyn, who literally stole the show from Lauren Bacall and Betty Grable in *How to Succeed in Business Without Really Trying*, Katherine steals *Grey's Anatomy* from her female co-stars. Also like Marilyn, she can handle comedy with grace and ease as she did in *Knocked Up* and *27 Dresses*. The camera loves her almost as much as her fans.

Steal Katherine's Style

Throughout her career Marilyn often wore her hair in a sassy style with lots of texture (loose waves and curls) along the perimeter, similar to the hairstyle Katherine adopted for the

2008 Academy Awards appearance. Marilyn also favored red gowns over the years and she looked striking with her blonde hair contrasting the red hues. Follow the steps below to re-create this gorgeous style:

1 Shampoo your hair with a product designed to address your hair's type, texture and current condition. Only one sudsing is necessary. Be sure to rinse really well. If tresses are fine or thin, consider using volumizing products to pump up fullness such as a volumizing shampoo in the shower and volume enhancing root lift on towel-dried hair.

2 Towel-dry hair and apply a leave-in conditioner that will protect your hair against blow-drying and give hair some weight and manageability unless your hair is fine, thin or flattens easily. If this is the case, use a volumizing mousse product.

3 Use a hair pick or wide toothed comb to carefully detangle your hair. Always remember to start at the bottom of your hair and work your way up to the roots. Take your time so you don't snag or break your hair.

4 Use a medium to large round boar's bristle brush to create fullness and movement from the crown area through the length to the ends. Blow-dry hair in sections using the round brush in conjunction with the dryer.

If your hair is naturally wavy or curly you may want to consider using a long finger diffuser attachment on your the blow dryer. Instead of using the round brush, use the diffuser and allow tresses to nestle into the diffuser while drying.

For more volume, apply a good volumizing root lift or similar product at the roots of the hair before drying for a fuller look at the roots.

5 When hair is completely dry, use a boar's bristle paddle or flat styling brush to arrange. Create a deep side part like Marilyn and Katherine wore; direct a section of hair up and over to one side, helping to form the full side-swept section along the hairline.

6 Separate hair into individual two-inch sections. Starting along the root area, set hair on large hot rollers. Work around the entire head setting rollers in a bricklay pattern to create even curls and waves.

7 When rollers are completely cool, remove each roller and then roll the new curl around fingers and pin in a loose curl against the scalp. Repeat this with all the curls. Spray with hairspray and allow it to dry.

8 Right before leaving the house, unpin curls and use a brush to deconstruct the top section of the hair to achieve fullness throughout the crown and the sides. Use fingers to arrange and tousle curls and waves along the ends. Use a small-barrel curling iron to touch up any loose or

droopy curls. Spray well with hairspray.

9 For extra shimmer, apply a few drops of shine serum or spray into the palms of your hands. Rub them together to distribute the product and then brush lightly over the top of your hair. Remember that when it comes to shine, a little goes a very long way.

10 Since it was raining, Katherine's stylist Sean Flanigan used Joico's Design Collection Humidity Blocker to combat frizz and flyaways.

Optional

For a more tousled look, when blow-drying the style, bend over at the waist and use fingers to lift and direct air flow to the roots. This will add volume and will give a messier look.



Miscelotat/WireImage