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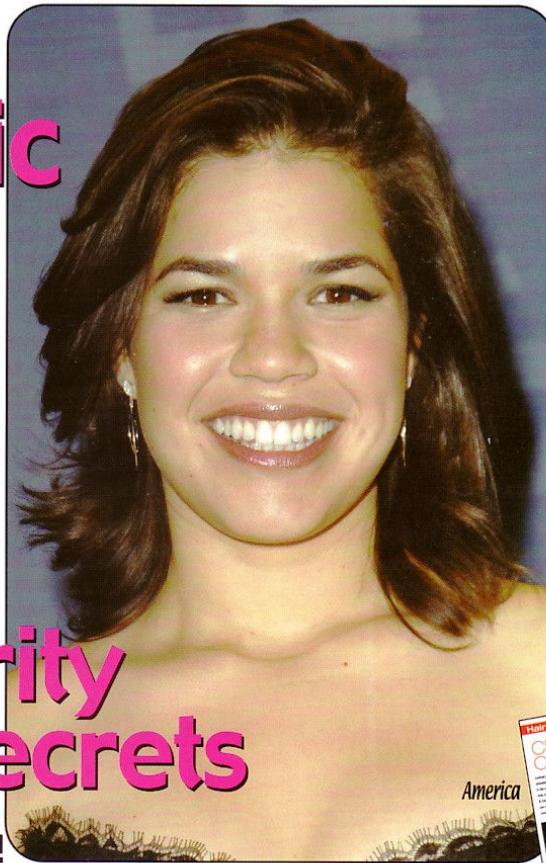
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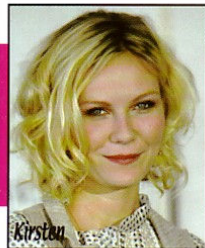
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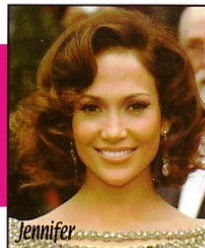
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24

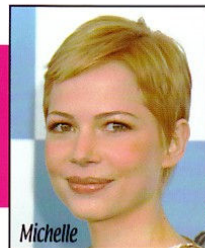
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Charlize Theron

Steal her style!

By Karen Marie Shelton



Charlize Theron was born on August 7, 1975, in South Africa as an only child. The wannabe performer turned to modeling when she was 16-years-old,

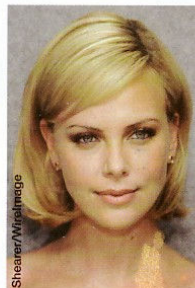
but quickly decided ballet was more to her liking. After a ballet related injury sidelined the beautiful young woman, she moved to Los Angeles for a try at acting. Charlize was discovered less than a year after she

arrived and has been acting ever since.

Charlize's breakout role is considered to be as the tortured wife in *The Devil's Advocate* with Keanu Reeves in 1997. Since that time the

mostly blonde beauty has starred in many award winning films. Her role as a female serial killer in *Monster* won her the Academy Award for Best Actress. Her career has soared even higher since that point.

CHARLIZE'S HAIR HISTORY



Charlize's Retro Hairstyle

Charlize's current retro 1920s hairstyle doesn't really fit into the classic definition of a bob because it appears to have some discreet layering. Yes, it's close to a classic bob (which is normally all one length) but it is expertly angled so that it dips slightly forward into seductive curvy points in the front with some radical shaper strands layered under her chin. This builds in beautiful movement and body. It is also cut to build in maximum fullness along the crown. The ends appear to have been either softly razored or cut with scissors at a point to create the texture and angles.

Depending on some hair texture and types, razoring may or may not be the best option. With Charlize's current hairstyle the hint of textured feathering along the perimeter creates just the right sharpness and edginess. Her basic layered haircut also allows Charlize to either part her hair down the middle, wearing a shimmering veil of honey blonde strands framing either side of her face, or choose a side part with a side-swept, eye covering, fringe.

When she wears the style with the peek-a-boo fringe, she also has the option to pull a few tendrils forward so that they form soft pin curl shapes along her cheeks. Her side-swept bangs are also curled into a classic pin curl created look.

Whether worn with or without the side-swept strands, the style is perfect with her classic heart-shaped face and gorgeous features.

Her faux layered bob cut takes on a truly angelic and classic 20s flapper look with a traditional wet pin curl set. The hair is set when damp, but not dripping. The finished pin curls can be air dried or slowly dried with a diffuser to avoid over blowing the curls. To create the body along the crown, curls are set in large loops. For the tighter curls along the sides, down the back and along the fringe and tendrils, the curls are wound tighter. For perfect symmetry, the curls are wound in different directions on each side for a perfectly balanced look.

Highlights & Lowlights

If you look closely you will be able to see that Charlize's soft honey-blonde tresses have been highlighted with thin ribbons of lighter blonde hues placed strategically throughout her angled bob, adding the illusion of fullness and depth. Additional lowlight accent hues have also been interwoven with the base color and the lighter blonde highlights.

The lighter blonde highlights placed against the soft honey-blonde base also help to bring out a shimmering shine. Tiny lighter blonde streamers frame the star's gorgeous face, opening it up while playing off her beautiful skin and eye tones.

Steal Her Style

Charlize's style is ideal for hair that is medium in thickness and cut shoulder- to chin-length in graduated layers, or a traditional bob style that is inverted. Follow the steps below to re-create her look:

1 Start by washing your hair in lukewarm water with a product designed to add back moisture and to treat colored or highlighted hair with tender loving care.

2 Rinse hair well and then apply a moisturizing rinse-out conditioner focusing the products on the areas of the hair that are dry or damaged. If your hair is fine or thin you may wish to skip this option.

3 Finish with a cool/cold rinse to lock in moisture and add additional shine.

4 Towel-blot to remove excess moisture. Apply a conditioning detangling spray or leave-in conditioner and detangle strands with a wide tooth comb working from the ends to the roots. Create either a center or side part, depending on how you wish to style your hair.

5 For lots of fullness, lift and volume, apply a volume enhancing product to the roots. Distribute a straightening balm to the rest of the strands distributing from below the roots to the ends.

6 Use a comb with a long tail to help separate hair into neat sections.

7 Separate strands into one-inch uniform sections in the areas of your head where you want the pin curls.

8 Take individual strands and wrap strands tightly around your finger. It is important to have the proper tension when wrapping. Curls wrapped too

loose will not produce the best curls. Secure with a smooth, silver colored salon clip positioned in a diagonal fashion across the entire width of the newly created pin curl.

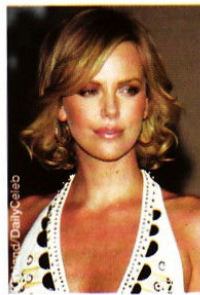
Note: Do NOT use traditional bobby pins to secure pin curls as they will cause creases in the finished curl.

9 Continue to create pin curls until finished. Spritz finished pin curl set with water so that all of the curls dry to a uniform finish. If desired, spritz with a setting spray after misting with water for a firmer hold. Sit under a hood dryer or use a diffuser on slow, low heat to help speed up the drying time. Ideally, let hair completely air dry or sleep overnight on your set.

Note: When a pin curl set is allowed to air dry or is kept in the hair overnight, the curls are deeper, tighter and will last longer

10 After you remove pin curls but before you style them, mist with a good hairspray. Let spray dry and then use fingers to tousle and arrange new curls. Pin curls in the back if your hair is shoulder-length.

11 Apply a shine serum, shine spray or hair cream to seal in moisture and add that shimmering shine similar to Charlize's. Hairspray is optional.



Salon Etiquette

If you wish that it was a bit easier for you to have a great working relationship with your hairdresser, whether new or not, here are some secrets that will help you achieve your goal. *Photos courtesy of Global Hair & Fashion Group. By Karen Marie Shelton • HairBoutique.com*



Douglas Carroll Salon (Raleigh, NC)
Stylist: Douglas Carroll David

1. Always Call One Hour Before Your Appointment

Although most hairdressers attempt to stay on schedule, life happens. Even when the best intentioned hairdresser works hard to keep things moving, she is at the mercy of her clients, who may not always be punctual.

When you call one hour before your appointment you can inquire if your hairdresser is running on time, or late. That allows you the option to adjust your arrival time to coincide with your hairdresser's true timeline. It also shows great consideration and a willingness to be flexible.

2. Arrive Five to Ten Minutes Ahead of Time

Once you know your hairdresser's timing, arrive a few minutes early so that you have time to use the restroom, change into a smock and get settled. Again, this shows that you appreciate your hairdresser's time constraints.

3. Be Prepared

If you have a new style or hair color in mind, bring any images or notes that would be helpful to your stylist. If you want a completely new look, schedule a separate consultation time that will allow your hairdresser to focus on your new hair related goals.

4. Be Positive at All Times

Always start your appointment on a positive note, regardless of how you are feeling or what is happening around you. Studies have proven that other people judge you on the very first words out of your mouth. If you start by bitching about the traffic or parking, you are setting a negative tone for the entire visit.

Instead of starting with complaints, mention something positive or share an interesting fact. You could try my sharing your opinion on a hot new movie or TV show that you recently saw or about an article you just read. Sharing information guarantees that your hairdresser will feel more comfortable with you and helps to break any ice.

As your hairdresser progresses with your style, even if you need to stop them for adjustments, do so in a positive light. It really is true that you can catch more flies with honey than vinegar.

5. Pay Attention

Pay close attention to your hairdresser as they work with you. Many people are so distracted that they only half-listen to others. When you stop, pause and listen carefully—it shows your hairdresser that you value their opinion and their time. This opens the door for a better long term relationship and shared communication. Also, you will understand better when it comes to recreating the style and what products you should use at home to maintain your look.

6. Show Proper Manners

Let your hairdresser know that you care about their time with you by turning off your cell phone and putting it away before you get into their chair. If you bring reading material, wait to read it until you are in a processing mode away from your stylist. Always ask permission before touching the tools and products that are sitting out on their stations.

7. Respect Their Privacy

Some hairdressers prefer to work in silence because they feel they can do a better job for their clients. If you attempt to make ongoing conversation and your styl-

ist does not seem interested in continuing a subject thread, respect that they do not want to talk while they work.

Many hairdressers are uncomfortable when put into the role of salon therapist. Leave your personal problems and dramas at home and avoid putting your stylist in a spot where they feel that they have to give advice.

Feel free to ask questions related to the style that they are creating or about product use, but do not ask personal questions unless they encourage you to do so.

8. Express Thanks

When your hairdresser is finished, if you truly like the work, compliment them and say thank you. When there is a problem with the style, politely express your concerns and ask for adjustments. Be reasonable and always thoughtful in the way you express your opinion. Yes, it is your hair and you have to live with it, but as humans we all have off days—and on occasion, they misunderstand your goals (and this could be their fault or yours for not expressing thoughts and ideas clearly). Give them the benefit of the doubt.

If all goes well, after you thank them show your appreciation with a good tip. If your hairdresser did you a special favor or squeezed you in for an appointment, consider bringing a small gift like a basket of fruit, fresh baked cookies or flowers.



Douglas Carroll Salon (Raleigh, NC)
Stylist: Douglas Carroll David

TRESSRX

ASK THE HAIR DOCTOR

By Karen Shelton • HairBoutique.com

Q My stylist recently convinced me to let him cut my shoulder-length hair into a short cropped style. I loved the way it looked in the salon but when I tried to recreate the look at home, my fine hair fell flat. When I called my stylist he suggested that I consider highlights and lowlights. I told him I would think about it but I am unsure how hair color will help. Now I am upset that I let him cut my hair into an unmanageable style.

A Volume is the key to edgy cropped or chopped looks. Since your hair is naturally fine, if you don't take steps to pump it up, it will tend to go limp. One way to instantly blow up the volume is to add highlights or lowlights which instantly make strands fuller. Even better, carefully interwoven ribbons of lighter and darker hues will enhance and magnify your layers providing the illusion of more hair.

Other hair fattening tricks include using volumizing shampoo and styling products. Avoid using deep, rinse-out or leave-in conditioners that will naturally soften fine strands and encourage limpness. Experiment with a cool to cold final shampoo rinse to naturally pump up strands and as an added bonus, increase shine. Let tresses air dry which naturally fattens locks or use your fingers to build in natural volume.



Jessica Biel

Granitz/WireImage

If you are still having problems achieving a look you love, make an appointment with your stylist and ask him to teach you some of his styling tricks so you can recreate your look at home.

Q When I blow-dry my bob with a round metal brush and a blow dryer, I get lots of body and curve for my chin-length bob. The only problem is that my hair seems to be bothered with static that is hard to calm down. Sometimes I have a fringe of hair around my crown that literally stands up from static cling. Should I be using a shine product, which tends to make my hair oily, or do you have other suggestions?

A If your hair is naturally dry or tends to be dried out from using chemicals (hair color, texturizers, etc.), metal combs or brushes will encourage moisture loss and thus result in static problems. Switch to a boar's bristle round brush to try and calm down those wild flyaway tresses.

If you want to use a shine serum but find it creates an oil slick, go with the lightest version possible. Try a shine spray rather than the serum drops. Spritz just a tiny bit of the shine spray onto the palms of your hands and then lightly brush over the top of your strands in the area where you have the most problems with static.

A great light shine spray to try is Love That Shine Spray from celebrity stylist Robert Hallowell. You might also enjoy Hairtopia Beautiful Hair Spray which contains all natural shine producing oils and essences, but in a distilled water base to prevent any oiliness or buildup. Both products are available from HairBoutique.com or by calling 1-866-469-4247.

Q My hair is very short. How do I wear the hottest new hair accessories including headbands and the various ribbons and bows without overwhelming my hair?

A Even super short strands can wear a wide range of the latest hair accessories and look siz-



Jennifer Garner

Granitz/WireImage

zling. Skip wide headbands or big bows and go with the latest skinny versions like those spotted recently on Sarah Jessica Parker and Jessica Biel. If you want to tie a bow on, go with the small pre-tied ribbon bows that are already attached to tiny hair clips or pins. Position your skinny headband selection a few inches from your hairline for a balanced look. Select a contrasting color to your current hair color to make your style pop. Or go with a similar colored band to add a subtle embellishment.

Attach a tiny bow right at your hairline to achieve an edgy look. Or pull a few strands back from your face and clip the bow to one side. There are so many great hair accessories available right now that there is no reason you should deprive yourself from the latest looks. Check out HairBoutique.com for the biggest variety of beautiful hair accessories.



Paris Hilton

Granitz/WireImage